



Still Beautiful



Certificate Programme

on

Healthy Beauty Practices



An initiative of

Mahatma Gandhi Swayam Shakthikaran Nutan

Pariyojana
(MGSSNP)

Under the auspices of IQAC and WDC

* For the students (Especially for girls) and their Parents

Senthil Jayan
MGSSNP Coordinator

Manjula Thomas
Staff Coordinator

Sija P.O.
WDC Secretary

Sheela S
IQAC Coordinator
Principal

Session 1 - 06/02/2021, 4.30 PM



'Healthy Beauty Practices'

Resource Person:

Ms. Jayamma Mathew

Ullas Beauty college, Thodupuzha

Session 2 - 13/02/2021, 2:00 PM



'*ecomngali*'

A session on Healthy haircare practices

Resource Person:

Ms. Suja Sabu

Flora Beauty parlour, Kattappana

JPM ARTS AND SCIENCE COLLEGE

An Institution established by the St. Joseph's Province of CSI Fathers

Kanchiyar P.O, Kattappana

Website: www.jpmscollege.ac.in e-mail: jpm@jpmscollege.ac.in



MAHATMA GANDHI SWAYAM SAKTHIKARAN NUTAN PARIYOGAN

'Mahatma Gandhi SwayamShakthikaranNutanPariyojana' is an innovative practice of the college for the empowerment of students, women, parents and public by conducting value added programmes, certificate courses, on the job training, learning driving, training in organic and environment farming, orientation on construction of low cost and safe homes, training in crafting, cookery , tailoring etc. "Still Beautiful" is one among such programmes under the leadership of Ms.Minimol Thomas, HoD Department of Economics, was held on 06-02-2021 at 4.30pm on Google meet . It was meant for girl students and their mothers.

The aim of the programme was to concentize the participants about healthy beauty care practices. This enables them to be aware of their natural beauty.

Ms. Sanitha Jayan coordinator of MGSSNP welcomed the participants. Dr. Sumi M Scaria(Principal of B Ed College) inaugurated the programme. The technical session was handled by Jayamma Mathew of Ullas Beauty Clinic. Ms. Minimol Thomas, Coordinator of the programme proposed the vote of thanks. 17 students from Department of Economics attended the first session. A total of sixty students and many other ladies participate during the session.

Minimol Thomas
Programme Coordinator

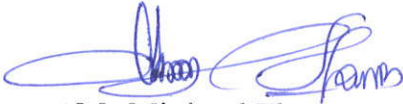
Sanitha Jayan
MGSSNP Coordinator

Dr. V. V Georgekutty
Principal

REPORT

The IQAC's and WDC's innovative programme Mahathma Gandhi Swayam Sakthikaran Nutan Pariyojana (MGSSNP) conducted a HAIRCARE WORKSHOP named 'KESHASAMARDHI' at 02 pm on 13 February 2021, on Google meet. It was meant for the lady students and mothers of students. The aim of the programme was conscientize the participants about the value of hair care and protection and thereby having a strong and rooted hair through natural methods.

Ms. Sanitha Jayan, Co-ordinator, MGSSNP welcomed the participants. Prof. Rosanna Davis (Dept. of English) inaugurated the programme. The technical session was handled by Ms. Suja Sabu of Flora beauty parlor Kattappana. Ms. Minimol Thomas, Co-ordinator of the programme proposed the vote of thanks. One seventy seven students and many Mothers participated.



Ms. Minimol Thomas

Programme Co-Ordinator



Ms. Sanitha R

MGSSNP Co-Ordinator Principal



Dr. V. V. Georgekutty

Attendance for: class-list

Date: "2021-02 "Time:" "14:41" "Meet ID:" "wkr-tagu-fsr"

Names	"2021-02	"Email"	"Commen	"Arrival tir	"Last See	"# of Chec	"Joined"	"Details"
Sethu Lakshmi .S	"	"	"	"	"	"	"	"
19 - Bismi Mol B A	"	"	"	"	"	"	"	"
48.Suryamol A	"	"	"	"	"	"	"	"
Tiji Abin	"	"	"	"16:36"	"16:36"	"1"	"1"	"
07__amal Ajayan	"	"	"	"	"	"	"	"
Aneesha Alex	"	"	"	"16:50"	"16:50"	"1"	"1"	"
Anju	"	"	"	"16:20"	"16:24"	"5"	"1"	"
36 . Toji Antony	"	"	"	"	"	"	"	"
37-Jilby Antony	"	"	"	"16:23"	"16:47"	"18"	"1"	"
Maria Antony	"	"	"	"16:27"	"16:27"	"1"	"1"	"
Nithin Amal Antony	"	"	"	"	"	"	"	"
Vineetha Antony	"	"	"	"	"	"	"	"
14 - Ashik As	"	"	"	"	"	"	"	"
Haripriya Ashokan	"	"	"	"16:42"	"17:07"	"10"	"4"	"16:44 (1n17:04 (4mi 16:42 (2mi 16:48 (3min) [16:50]
Amal Augustinej	"	"	"	"	"	"	"	"
09 Aá á'Éÿ Ó' AÉ'Éá	"	"	"	"	"	"	"	"
01co20.34. Joyal Bab	"	"	"	"	"	"	"	"
01co20.54.Tinubabu	"	"	"	"16:19"	"16:49"	"31"	"1"	"
17_ashas Babu	"	"	"	"	"	"	"	"
01co20.02. Abin Baiji	"	"	"	"	"	"	"	"
Athira Baiju	"	"	"	"17:35"	"17:36"	"2"	"1"	"
Athira N Baiju	"	"	"	"17:46"	"17:47"	"2"	"1"	"
35. Sonat K Benny	"	"	"	"	"	"	"	"
Sharon Benny	"	"	"	"16:20"	"16:21"	"2"	"1"	"
Andriyamol Benny11	"	"	"	"16:33"	"16:34"	"2"	"1"	"
12 Aparna Biju	"	"	"	"16:17"	"17:47"	"14"	"2"	"16:17 (1217:46 (2min) [17:47]
Alina Biju	"	"	"	"	"	"	"	"
15. Binto	"	"	"	"	"	"	"	"
08. Amalu M Boss	"	"	"	"16:58"	"16:58"	"1"	"1"	"
Priyamol Byju	"	"	"	"16:49"	"17:20"	"32"	"1"	"

Priya Mol C.D	"16:16"	"16:16"	"1"	"16:16"	"1"	"1"	"16:35 (1n 17:24 (1min) [17:24]
Anju C.P	"16:16"	"16:16"	"1"	"16:16"	"1"	"1"	
01co20.29. Jeena Chi	"16:16"	"16:16"	"1"	"16:16"	"1"	"1"	
Vice Principal Jpm Ar	"16:16"	"16:16"	"1"	"16:16"	"1"	"1"	
Akhila Treasa Cyriac	"16:16"	"16:16"	"1"	"16:16"	"1"	"1"	
06.Aleena Dennison	"16:16"	"16:16"	"1"	"16:16"	"1"	"1"	
26pavithra Dileep	"16:16"	"16:16"	"1"	"16:16"	"1"	"1"	
30 Sachu Dinu	"16:16"	"16:16"	"1"	"16:16"	"1"	"1"	
30. Don Thobit Georg	"16:35"	"17:24"	"2"	"16:35"	"2"	"2"	"16:35 (1n 17:24 (1min) [17:24]
47.Aleenamol George	"16:45"	"16:46"	"2"	"16:45"	"2"	"1"	
Santa Mariya George	"16:26"	"16:44"	"10"	"16:26"	"10"	"3"	"16:44 (1n 16:26 (1mi 16:33 (8min) [16:40]
Craft Home	"16:20"	"17:46"	"82"	"16:20"	"82"	"3"	"16:20 (1n 16:33 (74n 16:20 (7min) [16:26]
Rony Idukkikaran	"17:26"	"17:34"	"9"	"17:26"	"9"	"1"	
01co20.51. Sreelaksh	"15:46"	"16:12"	"27"	"15:46"	"27"	"1"	
01co20.39.Melbin Jig	"16:31"	"16:31"	"1"	"16:31"	"1"	"1"	
Sanitha Jj	"16:32"	"17:54"	"82"	"16:32"	"82"	"3"	"17:37 (18 17:29 (7mi 16:32 (57min) [17:28]
32. Mary John	"16:40"	"17:14"	"10"	"16:40"	"10"	"2"	"17:04 (9n 16:40 (1min) [16:40]
Amiu John	"16:48"	"16:48"	"1"	"16:48"	"1"	"1"	
28 - Johncy Johnson							
11 Amal Joseph							
21 Josekutty Joseph							
34. Nimmy Joseph							
Daisy Joseph							
Merin Joseph							
02 - Aidamol Jovan							
29 - Joshua Richard Ji							
Priya K							
01co20.21.Athira K.S							
Flora Bridal Studio Ke							
Nikhil Kg							
Krupa R Krishna							
Ansu Kuruvila							
Delphina Lalan							
01co20.37.Libitha Loi							

01co20.20. Aswathy ""	""	""	""	""	""	""	""	""	""
Adithya K Madhu ""	""	""	""	""	""	""	""	""	""
Ajith K Madhu__04 ""	""	""	""	""	""	""	""	""	""
20- Chippy Manoj " âœ" ""	""	""	""	""	""	"16:30"	"16:30"	"1"	"1"
Navya Manoj ""	""	""	""	""	""	""	""	""	""
08-Alphonse Maria ""	""	""	""	""	""	""	""	""	""
27richu Martin ""	""	""	""	""	""	""	""	""	""
20 Jomol Mary ""	""	""	""	""	""	""	""	""	""
18_biji Mon Mathew ""	""	""	""	""	""	""	""	""	""
Jayamma Mathew " âœ" ""	""	""	""	""	""	"16:04"	"17:46"	"86"	"4"
Jerin Mathew " âœ" ""	""	""	""	""	""	"18:12"	"18:12"	"1"	"1"
Litto Mathew " âœ" ""	""	""	""	""	""	"16:18"	"16:52"	"29"	"3"
Merlin Mathew ""	""	""	""	""	""	""	""	""	""
Minnu Mathew " âœ" ""	""	""	""	""	""	"16:24"	"17:47"	"72"	"2"
Teena Mathew " âœ" ""	""	""	""	""	""	"16:42"	"18:06"	"66"	"1"
Nimmy Mary Mathew ""	""	""	""	""	""	""	""	""	""
62.Shyamly Mj ""	""	""	""	""	""	""	""	""	""
Jibina Mj " âœ" ""	""	""	""	""	""	"16:54"	"16:54"	"1"	"1"
03.Adithya Mohanan " âœ" ""	""	""	""	""	""	"16:18"	"17:16"	"9"	"2"
32. Shanu Mol ""	""	""	""	""	""	""	""	""	""
Akhila Monachen " âœ" ""	""	""	""	""	""	"16:26"	"16:26"	"1"	"1"
01co20.05. Aiswariya ""	""	""	""	""	""	""	""	""	""
11-Anoop R Nair ""	""	""	""	""	""	""	""	""	""
Anoop R Nair ""	""	""	""	""	""	""	""	""	""
Nebin Noble ""	""	""	""	""	""	""	""	""	""
Anju C P ""	""	""	""	""	""	""	""	""	""
Silja P.D " âœ" ""	""	""	""	""	""	"17:41"	"17:46"	"6"	"1"
Bency Paul ""	""	""	""	""	""	""	""	""	""
41.Krishna Dev Pp ""	""	""	""	""	""	""	""	""	""
01co20.15.Aparna Pr ""	""	""	""	""	""	""	""	""	""
22. Athiramol Ps ""	""	""	""	""	""	""	""	""	""
63sirajudeen Ps ""	""	""	""	""	""	""	""	""	""
01co20.22.Athira R ""	""	""	""	""	""	""	""	""	""
01co20.25. Ayush P.F ""	""	""	""	""	""	""	""	""	""
								"16:44 (6C 16:04 (12n 16:23 (11n 16:13 (3min) [16:15]	
								"16:18 (27 16:45 (1mi 16:52 (1min) [16:52]	
								"17:46 (2n 16:24 (70min) [17:33]	
									"17:16 (1n 16:18 (8min) [16:25]

01co20.46.Sandhya F	"1"	"16:45"	"17:47"	"2"	"1"	
28.Pavithra Rajan	"1"					
01co20.16.Aparna Ra	"1"					
02-Aby T Rajesh	"1"					
01co20.08.Akhila Rej	"1"	"16:29"	"16:32"	"4"	"1"	
01co20.14. Anu Reji	"1"					
Alina Reji	"1"	"16:25"	"17:46"	"39"	"1"	
Haritha Reji	"1"					
38 - Riya	"1"					
29. Rojin Roy	"1"					
49. Nikhil Roy	"1"					
53 Riya Roy	"1"					
Robin Roy	"1"					
01co20.38.Maiathi S	"1"	"16:34"	"17:48"	"6"	"3"	"16:52 (4n 16:38 (1mi 16:34 (1min) [16:34]
31- Mercy S	"1"					
52 Renitha S	"1"					
Abhila S	"1"	"16:28"	"17:47"	"3"	"2"	"17:47 (1n 16:28 (2min) [16:29]
Jyothi Mol S	"1"	"17:06"	"17:07"	"2"	"1"	
Varsha P S	"1"	"16:59"	"16:59"	"1"	"1"	
35. Sanjana P Sabu	"1"					
45 - Sreekala Sabu	"1"					
Binila Mol Sabu	"1"	"16:47"	"17:46"	"60"	"1"	
01co20.06. Akhil Saij	"1"					
01co20.47.Sandra M	"1"					
Aleena Saiju	"1"					
03 - Adersh Santhosh	"1"					
25 Parvathy Santhos	"1"					
01co20.09.Akhilamol	"1"					
45,Manuel Scaria	"1"	"15:42"	"15:43"	"2"	"2"	"15:42 (1n 15:43 (1min) [15:43]
Sumy M Scaria	"1"	"16:21"	"17:46"	"86"	"1"	
24-Dona K Sebastian	"1"					
42.Michun Sebastian	"1"					
Josmi Sebastian	"1"	"16:26"	"16:42"	"4"	"2"	"16:26 (3n 16:42 (1min) [16:42]
Saniya Sebastian	"1"	"16:21"	"16:23"	"3"	"1"	

09 - Amal K Shaji	""	""	""	""	""	""	""	""	""
25-Deepa Shaji	""	""	""	""	""	""	""	""	""
Alna Shaji	" âœ"	""	""	"16:27"	"16:28"	"2"	"1"	""	""
02. Abin Shibu	""	""	""	""	""	""	""	""	""
21-Dayana Sibichan	""	""	""	"16:29"	"16:29"	"1"	"1"	""	""
01co20.40. Misty Sib	" âœ"	""	""	""	""	""	""	""	""
21. Aswin Siby	""	""	""	""	""	""	""	""	""
Adharsh Siju	""	""	""	""	""	""	""	""	""
Sujith Am Sl	""	""	""	""	""	""	""	""	""
Snehasaju Snehasaju	" âœ"	""	""	"16:29"	"17:46"	"2"	"2"	""	"16:29 (1r 17:46 (1min) [17:46]
04 - Adwaith Sreekun	""	""	""	""	""	""	""	""	""
21-Arya Subhash	""	""	""	""	""	""	""	""	""
15-Ashik Sudheer	""	""	""	""	""	""	""	""	""
42 - Silpa Sujithkuma	" âœ"	""	""	"16:32"	"16:32"	"1"	"1"	""	""
16.Aparna Sunil	""	""	""	""	""	""	""	""	""
48 - Syam Surendran	""	""	""	""	""	""	""	""	""
19. Aswin Suresh	""	""	""	""	""	""	""	""	""
Sulu P Thampi	" âœ"	""	""	"17:05"	"17:05"	"1"	"1"	""	""
01co20.35.Justin Tha	""	""	""	""	""	""	""	""	""
01co20.10. Albin Tho	""	""	""	""	""	""	""	""	""
15.Liviya Thomas	" âœ"	""	""	"18:00"	"18:00"	"1"	"1"	""	""
33-Sumi Thomas	" âœ"	""	""	"16:44"	"16:44"	"1"	"1"	""	""
44_sonamol Thomas	""	""	""	""	""	""	""	""	""
Minimol Thomas	" âœ"	""	""	"16:21"	"18:06"	"99"	"3"	""	"16:32 (12 16:21 (4mi 16:44 (83min) [18:06]
Neethu Thomas	" âœ"	""	""	"16:30"	"16:35"	"4"	"3"	""	"16:30 (1r 16:34 (2mi 16:33 (1min) [16:33]
Sunil Thomas	""	""	""	""	""	""	""	""	""
Afil Tom	" âœ"	""	""	"16:02"	"16:03"	"2"	"1"	""	""
Tiji Tom	""	""	""	""	""	""	""	""	""
06-Alan Tomy	""	""	""	""	""	""	""	""	""
Navya Udayakumar	""	""	""	""	""	""	""	""	""
23.Blessy Ulahannan	""	""	""	""	""	""	""	""	""
23.Anjali Varghese	" âœ"	""	""	"16:44"	"16:44"	"1"	"1"	""	""
28-Dincy Varghese	""	""	""	""	""	""	""	""	""
44. Litty Varghese	""	""	""	""	""	""	""	""	""

Veena Veena	"16:59"	"17:47"	"17:27"	"17:11"
40.Kaspia Vincent	"16:59"	"17:47"	"17:27"	"17:11"
03. Akash Vinod	"16:59"	"17:47"	"17:27"	"17:11"
25. Binil Vinod	"16:59"	"17:47"	"17:27"	"17:11"
64 Sona Xavier	"16:59"	"17:47"	"17:27"	"17:11"
F A I C Y	"16:59"	"17:47"	"17:27"	"17:11"
Sneha Zacharia	"16:26"	"16:32"	"16:17"	"16:01"

Help/more info: ["https://tinyurl.com/y5peu3nk"](https://tinyurl.com/y5peu3nk)
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